



Program Partner

'Asthma Friendly' Sport and Recreation Organisations Essential Criteria



Essentials

Training

A sufficient number of personnel are Asthma First Aid trained to ensure coverage at events and activities

Kit

An asthma emergency kit, including reliever medication and a spacer, is always readily available

Information

Asthma first aid information is displayed

Records

Asthma first aid incidents are recorded and reviewed

Action Plan

People are familiar with the asthma action plan for any person for whom they routinely have a duty of care

Communication

There is good communication about supporting people with asthma

Self Management

Developmentally appropriate self management is encouraged

Medication

Safe medication practices are in place, including people's access to their own asthma medication and emergency care medication

Environment

The environment is managed to minimise known asthma triggers

Membership

The two year AFSA membership package provides your group with a range of membership benefits, including recognition that your group is applying best practice standards to ensure a safer environment for participants with asthma

**For more information about asthma and support, please contact the
Asthma Foundation of South Australia – 1800 645 130 or visit
www.asthmasa.org.au**