

# 10 suggestions for handling asbestos



- 1** Don't handle or work with asbestos products. Call in the professionals.
- 2** However if you must work with asbestos, while the following suggestions cannot guarantee your safety, they will help reduce your risk of exposure to the deadly fibres.
- 3** Always use a mask approved to Australian Standard AS 1715 to protect against asbestos.
- 4** Always thoroughly wet the material you are working with to reduce dust.
- 5** Use hand tools rather than power tools.
- 6** Don't allow any family members or other people near where you are working.
- 7** Wear old clothes. When you have finished work put the clothes into a rubbish bag and seal it. Do this before you remove your mask. Don't allow anyone else to touch the clothes. Shower thoroughly immediately after finishing work.
- 8** Never sweep up. Always use a vacuum cleaner, which has an internal sealed and removable bag.
- 9** Put the vacuum bag carefully into a rubbish bag and seal it. Then remove your mask and seal it in a rubbish bag.
- 10** Never put the rubbish bags in your garbage bin and do not take them to the tip. Call your local Council to find out how and where to dispose of them safely.



*The AVA is entirely volunteer run  
and community based.  
All donations are gratefully  
received and, if over \$2, are  
tax deductible*

For information and advice  
on asbestos disease call  
Asbestos Victims Association  
**1800 665 395**

Asbestos Victims Association (SA) Inc  
1st floor, 229 Greenhill Rd  
Dulwich SA 5065  
Fax 08 8331 0354  
Email [ava-sa@bigpond.net.au](mailto:ava-sa@bigpond.net.au)



Asbestos Victims  
Association  
(SA) INC

Support, advocacy  
and reform for  
victims of asbestos  
disease and their  
families



# Membership application

Annual Subscription \$10

Financial year commences 1 July each year

Name \_\_\_\_\_

Address \_\_\_\_\_

\_\_\_\_\_ Postcode \_\_\_\_\_

Telephone \_\_\_\_\_

Email \_\_\_\_\_

Signed \_\_\_\_\_

Date \_\_\_\_\_

My area of interest is

New membership

Donation

Other

\_\_\_\_\_

## Post this to:

Asbestos Victims Association (SA) Inc  
1st floor, 229 Greenhill Rd Dulwich SA 5065

## Who we are

The Asbestos Victims Association of South Australia has been around since 2000 and has hundreds of members across the state.

We focus on victim support, advocacy for victims and their families and legislative reform to provide a better deal for victims and their families.

We have had some great wins recently- including the Xenophon legislation to streamline and increase compensation payments to South Australians and of course the successful campaign to get James Hardie to adequately compensate its victims.

The AVA also works hard to promote community awareness of asbestos, working with Worksafe SA to educate our community.

Asbestos related disease has cut a swathe through our community. The Asbestos Victims Association (AVA) is made up of victims of these illnesses, their friends and families. If you are passionate about support and advocacy for victims or legislative reform, I invite you to join us.

Terry Miller  
Secretary, AVA of South Australia

## Testimonials – real South Australians getting real assistance from the AVA

*“I have mesothelioma as a result of childhood exposure to asbestos. When I brought my situation to the AVA, including my fears about who would look after my kids if I die (my husband is a shift worker), the AVA organised a media campaign, put my situation on the front page of the Advertiser and got the laws changed in this state to provide me some peace of mind on the very issue that was worrying me so much!”*

—Melissa Haylock

*“When I was diagnosed I had nowhere to go in South Australia. I founded the AVA with my wife*

## Services we provide

- ▶ The AVA runs a 24 hour telephone support service, call us on 0418 807 834
- ▶ The AVA has a Whyalla support group. Call John Arthur on 08 8649 3322
- ▶ The AVA has a Port Augusta support group. Call Geoff Maul on 08 8642 2884
- ▶ The AVA holds regular seminars on asbestos across regional South Australia
- ▶ The AVA holds regular support group meetings
- ▶ The AVA has a network of grief counsellors across South Australia available to assist victims and families.
- ▶ The AVA has a Welfare/Pension Officer
- ▶ The AVA has disabled parking application forms
- ▶ The AVA conducts home and hospital visits

*and ran it from our house for the first 12 months. I’m really proud of how the AVA has grown and the way in which it has helped so many South Australians.”* —Colin Arthur

*“I was diagnosed with mesothelioma at the age of 29. I contracted the illness as a result of exposure as a child when my dad was renovating our home. I cannot count the numerous ways the AVA has been of assistance to my family. Anyone whose family has been touched by this terrible illness should consider an active involvement in the AVA.”* —Belinda Dunn