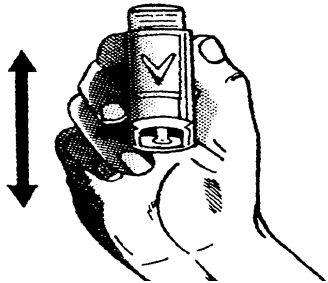
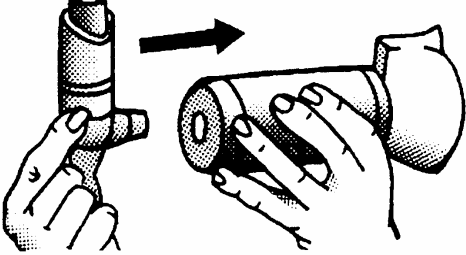
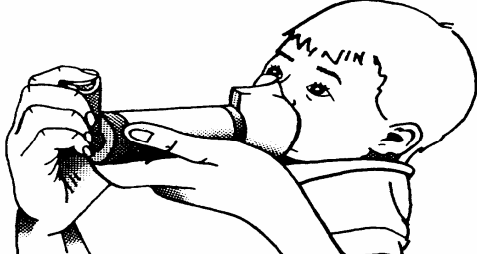
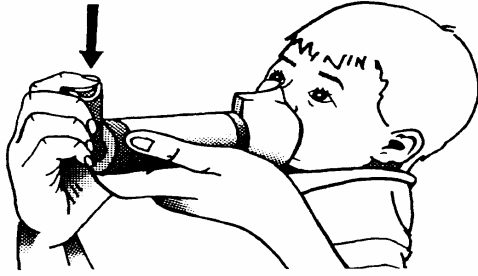


mask spacer technique infants and toddlers

<p>1. Remove the cap from the puffer. Hold the puffer upright and shake it well.</p> 	<p>2. Fit puffer outlet onto the end of the spacer opposite the mouth piece.</p> 
<p>3. Gently place the face mask of the spacer over the mouth and nose so that they are covered and a good seal is obtained.</p> 	<p>4. Press the canister down to release the prescribed dose into the spacer.</p> 
<p>5. Hold the mask in place for at least 4-6 breaths.</p>	<p>6. Wait approx 1 minute before delivering next dose, if required.</p>

Initially when you purchase a spacer device you should:

- Wash the spacer in warm water with dish washing detergent, do not rinse and allow the spacer to air dry.
- Do not use a cloth to dry the spacer as it produces an electrostatic charge which leads to adherence of the medication particles to the inside of the spacer.

Maintenance

- Daily, wipe the mouthpiece with a damp cloth.
- Every 4 weeks wash the spacer in warm water with dish washing detergent, do not rinse and allow the spacer to air dry.
- Do not use a cloth to dry the spacer as it produces an electrostatic charge which leads to adherence of the medication particles to the inside of the spacer.

For more information contact the Breathe Better Health Line 1800 645 130, go to www.asthmasa.org.au or visit the Breathe Better Centre at 300 South Road Hilton.